



April 2020 Newsletter

Check out the latest from the Office of Diversity, Inclusion & Equity!

 **LEHIGH**
UNIVERSITY | Office of Diversity,
Inclusion & Equity

ANONYMOUS!**TAKES 10 MINUTES!**

Fill out the campus climate survey to improve further our advocacy, policies, and practices dedicated to creating an inclusive Lehigh community.

BUILD INCLUSIVE COMMUNITY!

Check your email for the link from Dr. Donald Outing, Vice President of Equity and Community



If you haven't completed your survey yet, a reminder was sent from Dr. Donald Outing via Lehigh@hedsconsortium.org on April 27 with your unique survey link. If you don't see it in your inbox, check your spam folder! Don't forget that completing the survey enters you into a drawing for Amazon gift cards—top prize is \$100! If you have questions, contact Christine Lake at cel315@lehigh.edu.



Unique Opportunities for high school students in spite of COVID-19: Vice President for Equity & Community Donald Outing led a webinar for CFES Brilliant Pathways aimed at college advisors, educators, high school students and their families giving some advice on how to see the current COVID-19 situation in a positive light. Outing encouraged listeners to take advantage of opporutnities such as waived admissions fees, extended application deadlines and reduced wait list times when considering their application strategy. Read more [here](#) (includes a video link).



Faith and Values in a Time of Uncertainty: University Chaplain Lloyd Steffen reflected on the 1918 Spanish Flu, and what it can teach us about faith in our current situation in an op-ed for The Morning Call. “The spiritual demand in this moment is to offer one another active compassion, generosity, gratitude for those giving so much of themselves — health care workers and caring friends and neighbors — and an openness to change because our very lives depend on making changes,” he says. Read the full op-ed [here](#).

Check out what Diversity, Inclusion & Equity is offering as we reach the home stretch of our semester!

LUally


Virtual Sessions
via Zoom for
staff,
faculty &
students

Register today at
go.lehigh.edu/virtualLUally


April 17
LGBTQ+ 101
11am-12pm

April 28
Trans
Identities
11am-12pm

Remote trainings offered upon request for
departments/teams at
go.lehigh.edu/LUallyrequests


 Earn 25 Be Well Points

The Pride Center is committed to making each and every one of our programs and initiatives accessible and inclusive. If you are planning to attend a program and have any accessibility needs or desires, please contact Mel Kitchen at mbk411@lehigh.edu in advance of the program for coordination.



VIRTUAL SHABBAT!

Led by Rabbi Steve Nathan



Virtual candle lighting, song, prayer and support!

Every Friday @ 5pm (EDT)

[GO.LEHIGH.EDU/LEHIGHSHABBAT](https://go.lehigh.edu/lehighshabbat)

YOU'RE INVITED TO PARTICIPATE Donning of the Kente SPRING 2020 CEREMONY

The Donning of the Kente ceremony is a time in which students of diverse racial and ethnic backgrounds have their accomplishments recognized and their achievements applauded.

Due to the COVID-19 pandemic, the Office of Multicultural Affairs (OMA) will be holding a virtual Donning of the Kente that will be hosted on the OMA website. OMA will also be hosting an in-person ceremony that will occur near the time of the in-person graduation ceremony for the class of 2020 at Lehigh University --- on a date yet to be determined.


Please go to <http://bit.ly/Donning2020> to register!

FOR ANY QUESTIONS, CONTACT RENEE MUSSER
AT REM219@LEHIGH.EDU

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OFFICE OF
MULTICULTURAL
AFFAIRS

ARTWARMING



the pride
center's
podcast on
all things
art & mental
health

Streaming
on
Spotify
at
<http://anchor.fm/artwarming>



FIND A PEACEFUL PLACE

Online Meditation for Our Times of Isolation

A weekly Zoom meditation session to help us deal with physical and spiritual isolation we haven't experienced before. Feel free to join with or without video.

Open to all! No experience required!

Fridays at 1:00 PM
Starting March 27
go.lehigh.edu/meditation
Led by Rabbi Steve Nathan

Office of Multicultural Affairs


OMA Study Jams

3 DAY VIRTUAL SESSIONS

Monday - May 4th
Morning Meditation ~ 10am -11am
Destress with us and Rabbi Steve Nathan
Tik Tok Challenge ~ 1pm -2pm
Learn the moves for the challenge with OMA student staff
Study with Me Session ~ 5pm - 6pm
Want to learn an effective time management technique?
Join us as we study using the Pomodoro Technique

Tuesday - May 5th
Study with Me Session ~ 10am -11am
Join us as we study using the Pomodoro Technique
Restorative Yoga ~ 1pm -2pm
Virtual Yoga with Chelsea Gilbert
Movie/Series ~5pm - 6pm
Want some movie or TV series recommendations?
Join us as we discuss what everyone is watching

Wednesday - May 6th
Morning Meditation ~ 10am -11am
Destress with us and Rabbi Steve Nathan
Study with Me Session ~ 1pm - 2pm
Join us as we study using the Pomodoro Technique
DJ Zen Jam Session & Playlist ~ 5pm - 6pm
Let loose and move your body to some of DJ Zen's playlist

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